

Newsletter Early 2026



*Seen on the ski slopes in France. Spring is on the way and
the name of the sculpture says it all.*

Chairman's Introduction



Wow, that was fantastic...

I have just watched the launch of Artemis II on her way to the Moon.

Nothing to do with the u3a and quite a spectacular interruption to my thought processes when I was looking at a blank screen trying to think about what to say to you as introduction to your newsletter. Last time I got artificial intelligence to write the first draft introduction for me. So I had better not pull that trick again...

So, first things first. I am mildly disappointed to be the Chairman that is writing this introduction. I had done my three years and was hoping that somebody would come forward to take over the job. I am becoming too predictable and running out of ideas. Emsworth and District u3a really needs a change of perspective and that is hardly going to happen if the same old guy is still at the helm. So, all of you born leaders out there who somehow thought not to come forward – this is my last year in the job. Come on down, as the game show host used to say. I have a banjo unstrummed and a penny whistle unpeeped sitting, waiting. Maybe I will get to them next year...

OK, whinge over, what have we done since the last Newsletter was published? Lots of course. Groups have been carrying on their unfaltering work and I am sure that you would not keep coming back for more session after session if they were not of value to you. It speaks volumes for the dedication of the group leaders but also the commitment of group members - so congratulations to you all. For the SET Group probably the highlight was the visit to the Supermarine Museum in Southampton but other groups also have been active in and beyond Emsworth.

Then of course there are our monthly meetings. A good get together and chinwag plus terrific speakers hunted down and booked by Veronica Eccleston, our Speakers Secretary on the committee. So often I think before the speaker starts– am I interested? Then I get drawn in and realise that there is so much, so fascinating in this world and these speakers repeatedly hit the spot for me.

Whilst talking of meetings, I must of course mention the Annual General Meeting in February which reported to you on our year's activities and voted on the committee nominations. The committee deserves all of our thanks and we have some exciting innovations. Jacquie Shaw and Gillian Percy are job sharing the role of Groups Coordination. We have never tried that before though we have thought about it. Our thanks must go to Jackie Treacher who has handed over that role but, I hope I have persuaded her, remains still somewhat in the committee as a member without portfolio. We have also welcomed Madeleine Cox on to the committee in a without portfolio role. These are departures from our normal approach which I expect to lift some of the weight from our stretched committee members.



Back to events, and there was the Christmas Lunch organised by Sue and David Bittles. I like the venue, the staff and the students. I realise that sometimes little things go awry, but these young folk are students and making a small mistake here and there (and putting it right) is good learning experience for them.

Oh, and there was that visit to the Greenwich Observatory organised by the redoubtable Maureen as a one-off (she has resigned without replacement from the committee). There is a report on that trip elsewhere so I will not dwell on it here. But I did buy myself a replica astrolabe.

One more thing, we also had our usual "thank you lunch" for volunteers and group leaders. All these people are the sticky tape which hold our organisation together. I am so grateful to all of them, too numerous to list.

Quite a lot happened, didn't it?

Now, enough of my witterings, which are preventing you from getting on to the more interesting content in this Newsletter that Toni Reynaud has pulled together for us yet again. Good work Toni...

Adrian Wakeford,

Chairman, Emsworth and District u3a

Groups Coordinator

I've had an enjoyable morning at the welcome coffee morning, ably hosted by the RUG group to welcome new members. Gillian Percy and I are joint group coordinators taking over from Jackie Treacher and I'm really finding my feet as a relatively new member of the U3a. I'm keen to learn more about what our groups offer (so hopefully you will see me popping in to say hello.) We are very lucky to have a wide selection of groups, but some have waiting lists and it would be great if more members felt able to suggest more groups and even offer their services as group leaders. What comes over very clearly is the pleasure and fulfillment members get from belonging to groups; learning more and building up great networks of friends. I'm looking forward to getting to know more of you. Do please contact me or Gillian if you have any questions or suggestions of things you've seen working well elsewhere.

Jacquie Shaw





A view across the Cotswold countryside. Spring is definitely on the way.

Preamble Group

Come and join us for a gentle, social walk around our beautiful town followed by refreshments. We meet in Emsworth Square at 10 am on a Monday.

Dates for your diary:

- 20 April
- 18 May
- 22 June
- 13 July
- 10 August
- 14 September
- 5 October
- 2 November
- 30 November



Please note that the dates for June and September are a week later than originally published.

We are a very friendly group and always look forward to meeting new members.

Ps dogs are welcome too!

Contact details for the group can be found on the U3A website.

Kim and Jan Shelley

Tech Aid is back

Emsworth Community Centre.

Any small job required for your technical devices can be sorted by our wonderful tech team. Come and find us in the Galley Café between 11-12 every Wednesday morning.



Science, Engineering and Technology (SET) News Spring 2026

November 2025 and our last talk of the year by John Cowling was a fascinating Exploration of large Scale Digital Mapping with a special local focus on Emsworth, showing how mapping developments had changed and how the new digital layers could be utilised. 2025 finished with Eighteen members of the SET group sitting down to Christmas lunch at the Coal Exchange; such good value, such portion sizes!

2026 kicked off with a presentation by Chris Skerry of Havant U3a called "Should I get Solar". This explored in considerable detail the costs, benefits and pitfalls of converting to solar and battery power for household use; this clearly proved to be hugely beneficial for Chris and potentially for others contemplating the switch.

February saw twenty of us visit the Solent Sky museum in Southampton. This has an absolutely fascinating collection of aircraft, with a special emphasis on the evolution and development of the Spitfire and of the Supermarine works in Southampton. As a special treat we were given a highly informative tour of the museum exhibits by one of the



Spitfire Mk IV and engine



Schneider Trophy and winning Aircraft

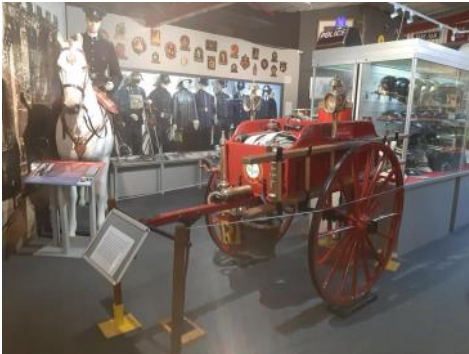
volunteers. The museum also includes the Hampshire Police, Fire and Rescue displays and also supports a Tram restoration group who are in the final stages of restoring an early Southampton Tram. It was great fun sitting on this fully refurbished tram while being informed about its history and refurbishment. It was a great day out so our special thanks to Mike Rand for organising it and to the Bourne



SET members seated in Tram



Tram restoration



Hampshire Police and Fire exhibits

Community bus and driver who ferried us to and fro.

In March we had two talks; one by Adrian Wakeford about Sir Willaim Huggins who pioneered astronomical spectroscopy, the development of which led to today's far deeper understanding about the material nature of stars and the universe. The other talk by Gail Wynne Jones was on Data in

Space. This proved to be a real eye opener about the scale and ambitions of some well known entrepreneurs and organisations aims for leveraging large scale data storage in a near earth space environment in the very near future. So many satellites, so little space, so much clutter! In April we will have a presentation and talk by Ray Davies titled Everything you didn't want to know about computational geometry.

Christopher Hannah

To a father in 1945: from a son in 2025.

Dear Dad,

You must be amazed to receive a letter, not only from 70 years in your future, but from your son: when children are, as yet, no more than a glimmer in your eye! My brother thinks you'll say, "what's this bl—dy rubbish?" and throw it in the bin; please don't!

I'm writing to thank you for all that you and your contemporaries have done, whether in the armed forces or at home, and to report on what has been achieved. Even in 2025 there are still, of course, many challenges and difficulties to be overcome, but I hope you'll be pleased with what has been achieved. In this letter I'll tell you about progress in education and health.

Though you left school at 14, like nearly all working-class children, you were a big believer in education. You read to my brother and I every night in our childhood and encouraged us to learn. You'll be pleased to hear that not only did we remain at school until 18 but also got university degrees. In 2025 even working-class children remain in full time education until 16 and continue education in some form until at least 18. Many now continue to university.,

You might think that to gather information for this letter I spent many hours in the local library. Not so! The tool I used to do this was, in fact, a telephone! These, in less than a tenth of households in your time, are now owned by almost everyone, are unhampered by wires and carried in the pocket. They have a display screen like a television and not only make calls, but provide a host of other facilities, including access to all the information you yourself might have found in your library. Facts and figures; job opportunities; directions to an unfamiliar address; demonstration films of repairs and other skills; all these and much, much more can be accessed in moments.

Health wise, terrible injuries like those in the war are now much better managed. Prosthetic limbs, wooden and heavy in your time, are lighter and can be controlled by the user via signals from their muscles: a top runner with a prosthetic leg can do a 100-metre sprint in less than 11 seconds! Other physical problems can be handled too: hip and knee replacements are routine, millions having benefited; kidney, liver and heart failure treated by replacing the organ; and eye cataracts can be removed in a simple operation. Most strokes and other heart conditions are treatable too.

The mental trauma suffered by many of your fellows is now better understood: PTSD, Schizophrenia and many mental health disorders,

untreatable in your time, can now be managed.

Problems often fatal in your time, can now be dealt with: Tuberculosis curable, and Polio eliminated; childhood leukaemia and breast and testicular cancer almost always survived; survival rates from other cancers much better; and deaths from Asthma attacks extremely rare.

Sir William Beveridge's 1942 proposal for a National Health Service was acted upon: the "NHS", founded in 1948, has made free healthcare available to the millions in your own time unable to afford a doctor. A child born today is expected to live over 20 years longer than one born in 1945; and infant mortality, between 50 and 80 per 1000 in the cities of your own time, is now just 4.

I hope you're impressed with these achievements and feel that your sacrifices were worthwhile.

Love to you and Mum,

From your two sons, your grandson, and your two great-grandchildren, in November 2025.



The Birdwatching group

The Birdwatching group has enjoyed two walks this year. The first one in February was on Hayling Island along the Broadmarsh coastal path and then towards the Oyster beds. This is a good spot to look out for waders and gulls as they return to our shores. We were lucky to be joined by Joseph Younger



from Bird Solent and consequently, despite cold challenging weather, there are a good number of us now who recognise and can name a Mediterranean Gull. It was a good start to the year and cleared the cobwebs away after sitting indoors with the heating on.

Our March trip took place at Titchfield Haven on what can only be described as a perfect Spring day. We spent three and a half enjoyable hours walking through the Nature reserve and along the coast, observing birds from the various hides or getting up close to the turnstones (birds) on the beach. There were various highlights for everyone in the group, who were sustained by a welcome drink and homemade cake halfway through. A first for me was seeing a Wheatear in perfect clarity through the lens of a scope. We witnessed two grebes performing their courtship ritual on the water, something only seen before on television. A satisfied kestrel obligingly perched on a fence for us whilst we watched beautiful graceful avocets, a determined shoveller, a single lapwing warming her egg, colourful teals, exotic Egyptian geese and gadwalls to name but a few. The sky was blue and the sun was shining.

I can thoroughly recommend this place to anyone as an area of peace and tranquillity. *Valerie Allen, Birdwatching group*



Kookaburra and Kingfisher



Kingfisher drops,
a fizz of copper sulphate,
a sizzle of the soul.

Kookaburra,
in bush-camouflage fatigues,
sings its full-throated laugh,
then divebombs
the scrub below.



Both designed to swoop
and kill, with eye for detail
and dagger bills, they stalk
their prey in stillness,
from oak or blue gum,
emerge from high dives –
one with a fish, one with a snake,
both still alive.

Cousins, these,
one family,
from an ancient web
of ancestry, unbroken.

Now, I wait
in the blue gum
and the oak.

*The kingfisher and the kookaburra are part of the same family.
The author of the poem is Betsy Allen.*

Place Names Jenny Feb 2026

Cray's Foot was playing up again, so he had to hop all the way to Bachelor's Bump to meet his Kimberley. With any luck, she would be willing to enjoy a spot of Goose on the Green. He arrived full of Lustleigh, only to see that Rodney Stoke had beaten him to it! 'You little Slapton' he yelled.

He went off at a Nether Wallop to drown his sorrows with Kirk of the Shots.

'Who's Rodney Stoke?' asked Kirk.

'He's a Great Tossion' replied Cray.

'I'm feeling a little Hungerford' said Kirk of the Shots downing another Vobster.

After they had Eton their Potto of Tonna, they fell into a Great Snoring.

Two hours later, a group of three came a Knockin. They burst through the doors led by George Nimpton.

"I say chaps" said George, "if any of you fancy some Slapton and Tickhill, come to Marlow's Bottom, there's plenty of action up there". But at that moment, Kimberley appeared in tears and threw herself into Cray's Foot's arms. "I've been a great big Dumpton. You are the Lovington of my Liff".

"And you are my little Goonbell" he said kissing her on the Noseley. Kimberley stroked Cray's Foot and said "I Havant a clue why I let Rodney Stoke Goose me on the Green".

George interrupted "so are you two coming to Marlow Bottom?"

"No George Nimpton" said Cray's Foot, "Gretna Green's having a party and so we're going there instead".



Jenny Bardwell was asked to write something based on funny sounding but real place names in the UK. After a while consulting a road atlas, she came up with the words above, a tribute to the comedian Ronnie Barker RIP.

A Foodie's Tour of Europe

(After Pam Ayres)

Kim Shelley. Jan 2026

I like a meal where I can feel
I've got a bottomless brunch.
Egg, sausage, bacon, whatever
you're makin',
That'll keep me going till lunch.

I'm in the mood for Italian food
And I've got a big appetite.
Tagliatelle will fill my belly,
And I'll sleep really well tonight.

I sat on a bench and tried some
French,
But Frog's legs don't do it for me.
My world just pales when I think of
snails,
So please just let them be.

In Portugal you can have a ball
If you like some Bacalhau,
It's salted cod and Oh my God!
I'm in food heaven now.

I went to Berlin to exercise my chin,
And tried some Saurkraut.
I thought I would burst from all the
Curry wurst,
It really packs a clout!

To ease my pain I went to Spain
And met a lovely fella
He sat me down in the middle of
town .
And I ate my fill of Paella

I couldn't miss
the place where the Swiss
Get their fill of Cheese fondue
I ate the lot with some chocolate
Well, really, wouldn't you?

Austria is nice, I had some rice
along with a Danish pastry
"You can't eat that sir, not in here
sir"
You should leave here rather hasty

So I tried some Strudel, that sort of
food'll
be what one requires
It's not a pastry you can eat so hasty
But It satisfied all my desires

But when I'm in Blighty, Oh Lord
Almighty
I think you should all take note
My only wish is for my favourite dish
A full English gets my vote.



A South American Odyssey

Guy and I had the holiday of a lifetime going to South America and then on to the Falklands and Antarctica. We were away for 35 days, 17 cruising and the rest in various hotels.

The outing we had to the Christ the Redeemer statue in Brazil was exhausting but well worth the effort: the size is quite overwhelming. It really is vast.

The Iguazu falls, scanning both Brazil and Argentina and the largest in the world, were truly magnificent. There is water everywhere. The Iguazu River there is huge. We took a speedboat and were drenched under one of the many falls – quite an experience. We gather that despite the pounding of the water on them the volcanic rocks are so strong that if a diamond's strength is 10/10, the rock's would be 7/10.

One of the highlights, amongst many, was a trip to an estancia in Argentina. The gauchos gave an insight to their life. We saw them dancing with bolas (blocks of wood on ropes for felling the cattle before branding) which make very satisfyingly loud coconut like noises as the dancers whirr them round in a frighteningly dangerous fashion, as well as displays of their prowess on their horses. Oddly enough we saw hardly any pampas grass there which we had rather expected.



Tango, which originated in Buenos Aires, is on show everywhere. It's difficult to miss it – even on street corners. Quite sultry and even suggestive. We boarded the ship there. 2,000 other people were on board. The buffet meals were excellent but the

restaurants were 'extra', as was WiFi and any off-ship outings. However, the lectures in the large theatre were always very good value and most informative – we went to as many as our bottoms would allow.

An excellent off-ship outing was to a penguin colony on Tierra del Fuego. The smell of them is rank but they are fascinating to watch - like loads of little old men! By the way, the collective noun is a 'waddle' of penguins on land and a 'raft' when in the water and their young live in a 'Rookery'.



Antarctica was quite astounding; some of the icebergs were huge and the glaciers we saw were yards deep as they approached the sea. When they break off it's called "Antarctic Thunder". We saw whales, penguins, a few seals (one with his back to a lone penguin which normally would be dinner!) and many sea birds. My favourites were the Cape petrels which flew close to the ship in their attractive white and black feathers.



It was too windy for us to go ashore on the Falklands but interestingly there were fighter jets exercising overhead. We were informed that they were "protecting the fishing rights of the islands"!

Altitude sickness in Cusco (6000') was quite a problem – so much so for me that I collapsed and came to with my legs in the air and someone putting their hands over my face telling me to breathe in deeply! After that I had to keep drinking the coca tea and sucking the leaves.

Another memorable visit was to Machu Picchu in Peru. We took a train and then a bus to get there and followed the shortest route with other "slow coaches". We felt we didn't miss out on too much as the guide was excellent. The odd llama grazing here and there gave an extra touch of authenticity to a truly remarkable site. We gathered that the Incas built on the steep hillsides because they knew how fast and deep the rivers flooded – the Spanish invaders didn't!

Apparently, the Peruvians eat guinea pigs, which are abundant, rather than the rather more valuable llamas and alpacas. We didn't get to try guinea pig on our travels but did try alpaca which is delicious.

All in all an amazing holiday with lots of great memories.

Anne Elgood

Monthly meeting talks for 2026

15th May	How the Plague came to Eyam in 1665 - a talk by Chris Shelley. A volunteer for Eyam Museum, he will tell the history of the plague outbreak in Eyam and other historical events in this area of the Derbyshire Peak District.
19th June	The Great American Songbook - a talk by Roger Browne. Roger will talk about the fascinating lives and wonderful music of George Gershwin, Jerome Kern, Richard Rodgers, Irving Berlin and others, including the history and roots of the music.
17th July	Stalking the Stalker - a talk by Hamish Brown MBE. Hamish is a retired Detective Inspector on the Specialist Crime Directorate at New Scotland Yard who specialised in the crime of stalking.

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<p>Pamela Eardley Treasurer pmearldley@gmail.com 07786 656790</p>	<p>Events and Outings organiser. VACANT</p>

COFFEE ROTA

Shown below is the rota for serving the tea, coffee and biscuits at the monthly meetings.

Depending on the size of Group there may be two Groups for any one month - will Group Leaders please liaise and ensure that at least three people 'volunteer' for this duty.

If insufficient people turn up to provide the service then no refreshments will be served at that meeting

May	Sea Shanties / Creative Writing
June	Scrabble Groups 1 & 2
July	Book Groups 1 & 2
August	<i>No meeting</i>
September	Discussion 2 / Family History
October	Preambles / Craft
November	Walking Group
December	<i>No meeting</i>

Any queries please contact
Bridget Watts, bridget.watts@btinternet.com or
Maureen Nicholas, maureennicholas7@gmail.com

Remember to look at our website – lots of
useful information on there.

www.emsworthu3a.org.uk

Outing to the Royal Observatory at Greenwich

On Monday 9th March 47 u3a members gathered together at 8am to board the coach for our Outing to Greenwich. We were joined by members from Ems Valley and Havant, all looking forward to a Private Tour of the Royal Observatory. I was intrigued by the phrase 'Greenwich Mean Time' and never having been to Greenwich thought it would be a good idea to organise something.

I asked members for a few sentences about the day which we have incorporated into this article along with some of the lovely photos which were sent to me.



Clocks!

'I was a bit apprehensive on my first u3a Outing as I only knew a couple of people but I needn't have worried as everyone was so friendly and welcoming. It was such a lovely day and even the sun came out at lunchtime. The Tour was very informative with a great guide who explained things simply. I was left in awe of the great scientists who discovered how

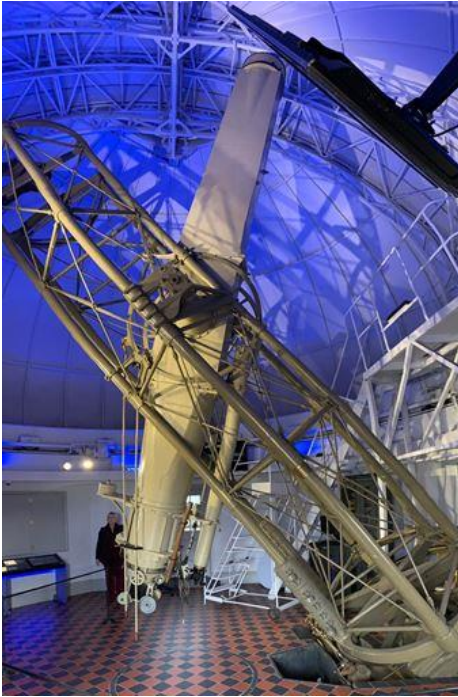
to plot by the stars and John Harrison who spent his life inventing a clock for mariners.

On arrival beside Blackheath Common, first stops were loos and cafe! There was ample time for both and the first group reported to the Royal Observatory for their 11.30 tour. Several of us admired the view (which was getting clearer all the time), looking down at the Queen's House, National Maritime Museum, masts of the Cutty Sark and the O2 Dome.'



Intricate machinery

'The guide for our tour was extremely knowledgeable and clearly enjoyed what he was doing as our one hour tour became one and a half hours! We went through the beautiful Octagon Room, various rooms with astronomical instruments and clocks, ending in the Great Equatorial



Telescope

Telescope room and finally straddling the Prime Meridian Line.'

'Group1 went off to the start of the tour with Rachel as the Guide. We could all see that Rachel loved the Observatory and it's history and wanted us to love it too. She kept us enthralled for almost 2 hours. We saw the clocks which James Harrison developed to be used on sailing ships. The clocks were beautiful but too large and heavy to be of any use until Harrison finally managed to improve and refine the mechanism to the size of a tea plate. This enabled mariners to accurately calculate their position.'

'What a day...it was PERFECT!'

I was very relieved that on the day everything worked! Although we set off in fog the sun shone for us, the Private Tours were a great success and I was so pleased I had booked them. I have had lots of very positive feedback.

Maureen

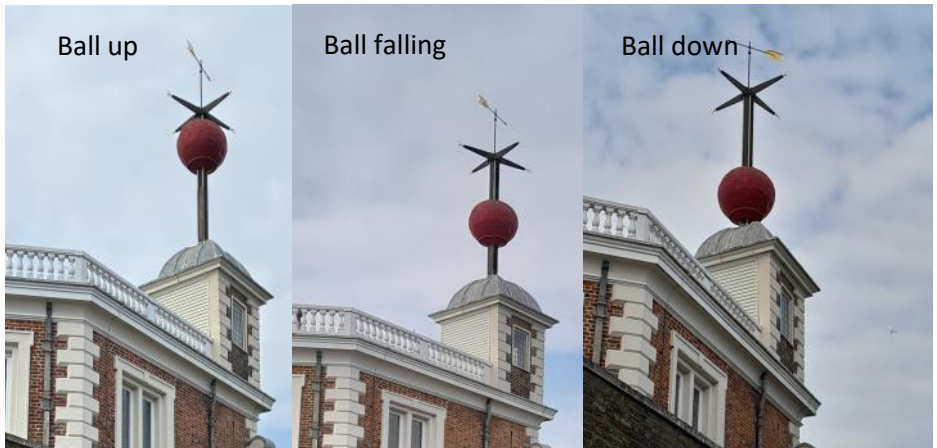




After the Tour, a small group (of 2) walked down the hill to the river to admire and photograph the Cutty Sark.



As there is neither bridge nor ferry at Greenwich we then decided to walk across the river instead and take a photo to prove it. Nobody was drowned in the making of these images!



‘ We watched the ball fall at 1 o’clock from which the saying ‘Keep your eye on the ball’ comes.’

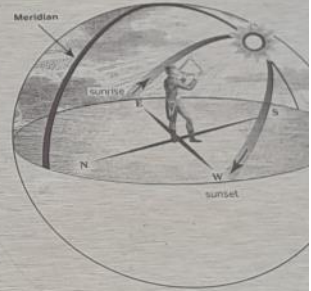
What is a meridian?

The Astronomers Royal used time as an essential measurement in their work. At solar noon the Sun is on the meridian, an imaginary line that runs between the north and south poles directly through an observer's position. The historic meridians at Greenwich are defined by the positions of the telescopes that were used to observe the stars as they passed overhead.



◀ The first Astronomer Royal, John Flamsteed, used a meridian line near here to measure accurately the positions of nearly 3000 stars.

To find out more please visit rmg.co.uk/meridian



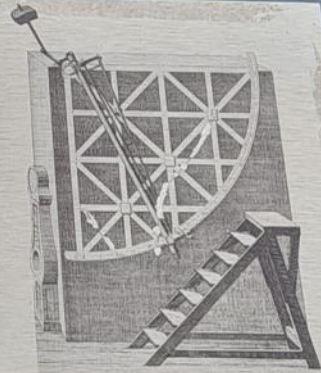
An observer measures the height of the Sun above horizon as it crosses the meridian at noon.

Halley's meridian line

Edmond Halley, the second Astronomer Royal, measured the height of stars above the horizon and timed their passage (or 'transit') over the meridian marked by the cross-hairs in his telescope with an accurate pendulum clock. Astronomers opened hatches in the roof to observe the stars, with one of the most important observations being the Sun at solar noon.



◀ Edmond Halley's meridian line of 1725 is shown on the wall to your right.



Halley used a large-scale mural quadrant like this (inside the building ahead of you) to provide accurate transit measurements.

A few extra words from Tony Browne

An excellent Guided Tour of the Observatory informed us of many interesting facts, including the observation that the "Greenwich Meridian" was moved every time an Astronomer Royal acquired a new telescope, which got placed in a line with all the older telescopes across the top of Greenwich Hill. The follow-up to this is the reveal that the current Meridian, which is defined by GPS satellites, is 100yds even further East and off the top of the Hill. As it is now outside the the grounds of the Observatory, there is no longer a visible marker for it.

Telly.

Kim Shelley. Jan 2026

Now I've filled my belly
I'll see what's on the telly
There's that bloke ,
who wore the cloak,
He's a traitor
I'll see him later
Is this the National Lottery,
or the one about the pottery
I've got the bug,
I think I'll make a jug
No, I'll buy a ticket
give me the remote I'll flick it
To another channel,
this is all a load of flannel
If there's a celebrity near
get me out of here
There's a feeling I can't shake off
when I watch the bake off

When they have a throw down
There's bound to be a showdown,
So I'll take off
A layer, I'm so hot
what I haven't got
Is an apprentice
You're hired
You're fired
There's I promise I can't honour
So I get myself a Donna
From the man
In the van
called Stavros
So Trump's gone to Davos
Stirring up trouble
I'd like to burst his bubble
But there's been a spillage
In the middle of the village
so I'll race across the world
To find me a girl
To love on an Island
And keep me smiling
Even though there's a dragon in the
den
It's a game of thrones then.



Subject: An amazing English 2 letter word

A reminder that one word in the English language that can be a noun, verb, adjective, adverb and preposition. UP.

This two-letter word in English has more meanings than any other two-letter word, and that word is 'UP.' It is listed in the dictionary as an [adv], [prep], [adj], [n] or [v]. It's easy to understand UP, meaning toward the sky or at the top of the list, but when we awaken in the morning, why do we wake UP? At a meeting, why does a topic come UP? Why do we speak UP, and why are the officers UP for election and why is it UP to the secretary to write UP a report? We call UP our friends, brighten UP a room, polish UP the silver, warm UP the leftovers and clean UP the kitchen. We lock UP the house and fix UP the old car.

At other times, this little word has real special meaning. People stir UP trouble, line UP for tickets, work UP an appetite, and think UP excuses. To be dressed is one thing but to be dressed UP is special. And this UP is confusing:- A drain must be opened UP because it is blocked UP. We open UP a store in the morning but we close it UP at night. We seem to be pretty mixed UP about UP! To be knowledgeable about the proper uses of UP, look UP the word UP in the dictionary. In a desk-sized dictionary, it takes UP almost 1/4 of the page and can add UP to about thirty definitions.

If you are UP to the task, you might try building UP a list of the many ways UP is used. It will take UP a lot of your time, but if you don't give UP, you may wind UP with a hundred or more. When it threatens to rain, we say it is clouding UP. When the sun comes out, we say it is clearing UP. When it rains, the earth soaks it UP. When it does not rain for a while, things dry UP.

One could go on and on, but I'll wrap it UP for now . . . my time is UP! Don't screw UP. Send this on to everyone you look UP in your address book. . . Or not . . . it's UP to you. How about: You're really fed UP? Now I'll shut UP!

